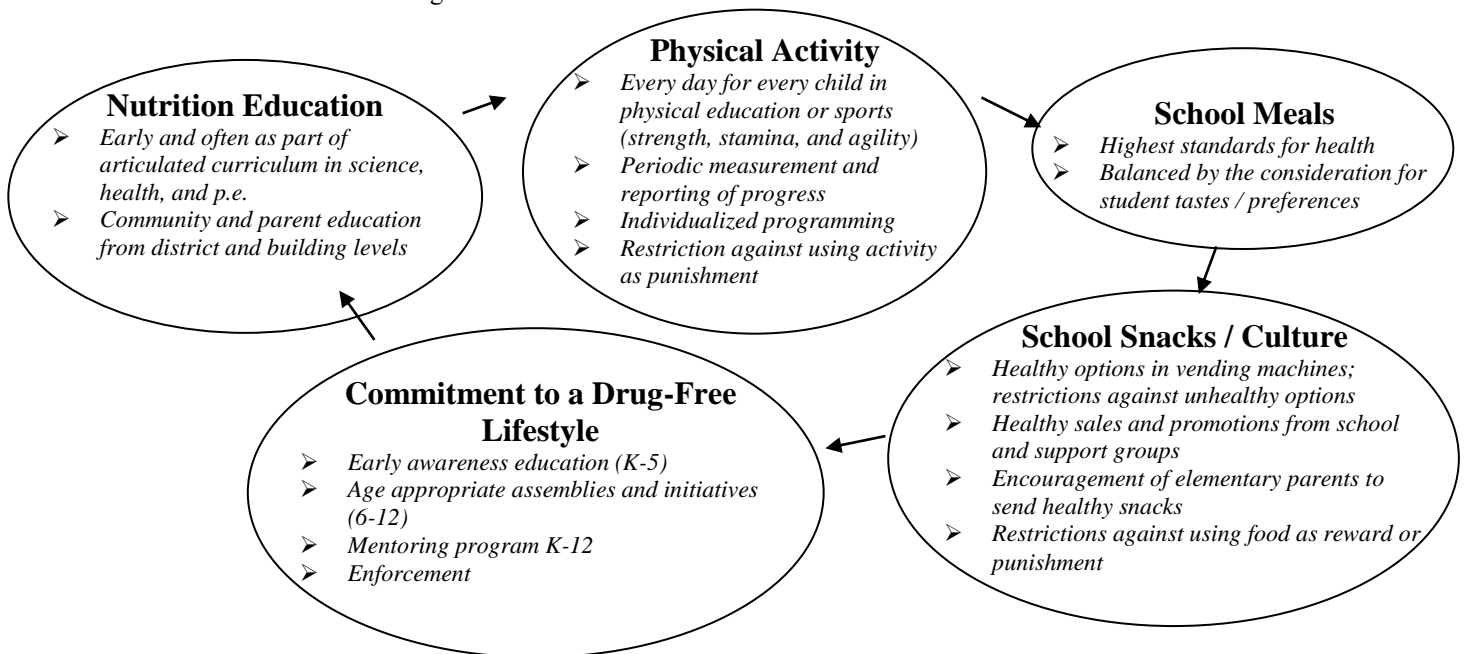


Agenda
Wellness Committee Meeting
M, November 20, 2017
2:30
District Office, Eastland Jr/Sr High School

- I. Review the District's Wellness Policy
 - A. Goals for Nutrition Education and Promotion
 - B. Goals for Physical Activity
 - C. Nutrition Guidelines for Foods Available During the School Day
 - D. Reimbursable Meals
 - E. Monitoring
 - F. Community Input

How would we "grade" ourselves in each of these areas?



- II. Evaluate progress made, and areas of deficit, from original task plan
 - A. How effectively have we addressed the two primary goals:
 - Goal #1:** to identify and discontinue practices that contribute to an unhealthy culture
 - Goal #2:** to provide a foundation for healthy living
 - B. Original Task Plan
- IV. Past results of the Illinois Youth Survey
- V. Vision / measurable outcomes
- VI. Improvement plan